

We can master our minds- we can live in hell or heaven according to the conditioning of our mind.....



Background:

Orissa has the largest number of tribes mainly inhabit the Eastern Ghats hill range, which runs in the north-south direction. More than half of their population is centered in districts of Koraput (undivided), Orissa. Scheduled Tribe population is respectively village Dangapaie under gram Panchyat Tentulipadar block Narayanpatna Literacy rate is poor among the respondents. Poor awareness. Age group below 15 years, indicating a high birth rate. Very few survive beyond 50 years of age, indicating low life expectancy. Some of the households spend money on local PONDAM drinking. However, no spend money of their children's education. Health status of the villages can be accessed from incidence of stillbirth, Brain Malaria, Dysentery, Diarrhoea & Skin disease. Access to health facility is limited in the villages. This is so because of ignorance and cost of treatment. Most of the households depend upon quacks and ethno-medicines for treatment of common ailments. Nalco Foundation Mobile Health Services in MHU vans specifically provides basic health care and treatment services free of cost to the tribal villagers at the doorstep. Common prevailing diseases observed by undersigned in this NALCO Periphery area of bauxite mines are viz. Skin diseases, Cold, Cough, Musculoskeletal, UTI infection, Eye Infection, ENT, Respiratory tract, seasonal diseases like jaundice, Paralysis fever, Tuberculosis, Diarrhea & Dysentery.

Village Profile:

Dangapaie is a small village comes under Tentulipadar gram Panchyat, Narayanpatna block situated in the periphery of NALCO M&R complex. The village is 35 kms distance from Damanjodi having 61 households and with around 236 population. Agriculture is the mainstay of their occupation. The village has no Anganwadi centre and one Primary school avail the children studying. After completion of primary education, no further education the children's. For medical facility the village depend on Narayanpatna PHC Which is 15 kms away from the village.

Context:

Smt.Salma sirka is 50 yrs age women of Dangapaie village lives with his family. Her husband is Mr.Salphu Sirka is a farmer . He is a very loving person. Both of them very happy in their family life. Everything was going smoothly until this tragic incident. One night Smt.Salma sirka in sleeping stage She is suffering breathem problem. Her husband is shouted. Her family member shocked. Villagers are guarded and afraid of and declared sprit will Salma's body come. He is called on **Gunia**. As they used to believe the Gunia will cure him. In the mean Fortunately, next day our MHU team noticed the patient. Body has its own defence mechanism to cope with stress. Under stressful conditions her blood pressure is very high 200/120 any time. Speeding up heartbeat increasing . Our MHU team presence situation of the patient care fully handily and doctor give medicines and strongly counseling and motivated her husband fully shopport your wife need, take care her. As a family member she had the opportunity to understand the feelings and emotion of the wife. So a positive attitude of a family member is directly

beneficial for the attitude of Smt .Salma Sirka. Her husband is very honest, loving and supported his wife happily. It gave the feeling of strength, happiness and stability to Smt. Salma Sirka. A loving person lives in a loving world. Poor economic condition he could not afford higher treatment. Nalco Foundation mobile health camp team is committed to quality of work. MHU service give a new life Smt. Salma Sirka.





Both of them shared “ the most important core value was tolerance, for to learn to help The NALCO Van Didi every month visits my home to teach to Practice, Yoga & exercise. She takes special care of me. Today I am fine and I can walk and this life is given by NALCO and Nalco Foundation’ Nalco Foundation’s medical health team has really changed my life during the interaction with the patient.

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