

## Science and Spirituality for Grass Roots patient care.....



### **Background:**

Koraput is a tribal dominated district of Odisha & located in the southern part of the state. The district is filled with forest & terraced valleys. Koraput district in Odisha is thickly populated with tribal people and face nutritional deficiency due to poverty. Therefore in the year 2009 Nalco Foundation the CSR arm of NALCO started Mobile Health Services in its 163 periphery villages including hamlets with an aim to provide medical services at the doorstep. Human life from birth to death encounters sorrows on one side and happiness on other side.

### **Village Profile:**

Rajnaguda is a village comes under Pakjhola Gram Panchayat of Semiliguda block situated in the periphery of NALCO M&R complex. The village is 15 kms. away from Damanjodi having 53 households and around 204 population. Agriculture is the mainstay of their occupation and besides that a few of them work as maintenance workers at NALCO. Mainly they harvest crops like Millet, Paddy and Suan in their lands. The village has an Anganwadi centre and Primary school where the children are studying. For medical facility the village depend on PHC Bileiguda which is 20 kms away from the village.

**Context:**

Smt K.Vimla is a 31 yrs. aged woman of Rajnaguda village. She was affected by HIV+ and her husband was HIV+ and died in 2012. She was tortured and deserted by her father-in-law's family, but thanks to New Hope rural leprosy trust of Muniguda dist: Raygada. Smt K. Vimla's family has lost the pleasure of life. The family member lived quietly and no one to help them.

Smt K. Vimla is from a poor family and her father was a daily wage labour. He took her to the traditional tribal healer for treatment for almost 2 years but this treatment proved ineffective. Society attitude and outlook automatically lead to self-blame. Finally Smt K.Vimla faded in her life.



Such self-blame produces more guilty and shame. Guilty of this proportion cannot be sustained or tolerated. This leads to loss of personal dignity, loss of feeling of love loss of care and understanding, loss of security, loss of friends, loss of finances and loss in each and every areas of her life. The most pathetic truth is that they do not share their

feelings of grief with anyone. Family members are not able to achieve anything positive. Now Smt K.Vimla is able to live a dignified life. Now she is very fine and very sincerely do her work. At this critical juncture the MHU project operated by Nalco Foundation with the partnership of Wockhardt Foundation in the periphery villages of NALCO M&R complex identified & counseled her. Since last 5 years she is depending on MHU medicine every month when the MHU van reaches the village the staff members counsel & motivate her through interaction & providing medicines. Knowingly or unknowingly she has accepted MHU staff as her well wishers. This is the power of counselling and meaningful interaction of the staff of NF.