

The positive and powerful thoughts about self and others can help you get well.....



Background:

Koraput is a tribal dominated district of Odisha, located in the southern part. The koraput region is famous for hills, forests and its tribal people. The tribal communities do not halt at any economic stage, but practise different economies or economic pursuits to eke out their living. In tribal communities , land is not only an economic commodity but also a social commodity which reflects extra-economic, spiritual and ideological values. Last , but not the least , aspect to be mentioned about the tribal communities of Koraput region is that, these tribals mostly are simple, truthful and freedom loving, honest and hospitable by nature.

Village Profile:

Lataput is a village comes under Bhitargarha gram Panchayat, Laxmipur block situated in the periphery of NALCO M&R complex. Therefore in the year 2009 Nalco Foundation the CSR arm of NALCO started Mobile Health Services in its 163 periphery villages including hamlets with an aim to provide medical services at the doorstep. The village is 18 kms away from Damanjodi having 24 households around 156 population. Agriculture is the mainstay of their occupation. Agricultural practices are full of arts, which attract the people from outside in a number of ways . One finds rows of tribals, mostly women , working in the fields and singing melodious songs at the same time. The watch hut prepared on the branches of the trees, where people watch their crop fields at nights and make drum sounds inside them to ward off birds and wild animals coming to destroy crops are worth noticing. The

terraced fields prepared on hill slopes by the tribals to which they divert nearby natural stream water to irrigate these lands are really noteworthy for the ingenuity and skill employed in this type of farm technology. Specific problems : poor awareness level though health and education facilities are present in the village, their use by the people is less than desirable . This is largely due to poor acceptance of these institutions by the people. They don't clearly see the merit in sending their children to schools or preferring the formal health services to leaving the sick to chance or visiting quack. For medical facility the village depend on Kakiriguma PHC which is 5 kms away from the village.

Context:

Smt Bamuni Saunta is a 61 yrs age old woman of Lataput village. Her husband died in 2005 After the death of her husband she has been living lonely in his home.

One year back Smt Bamuni while coming out of her house, due to old age, fell down and fractured her leg . No one is there to support her. She depended on indigenous medicines and the **Gunia**. As they used to believe the Gunia will cure her. In the meanwhile some days passed and the broken leg became serious. As per the schedule the MHU van reached Lataput village and as per their daily work the van coordinator was moving every household to inform the villagers to take medicines from the van if they are having any illness. The van coordinator spotted out **Smt Bamuni Saunta** in serious condition and informed the MHU Doctor. The patient was not in a condition to stand. MHU Doctor visited her home and

found that the patient was in terrible condition and referred her to Koraput GOVT hospital. But **Smt Bamuni Saunta** didn't go to Koraput GOVT hospital due to monetary problems and absence of relatives to take her to hospital. Somehow Our MHU Doctor temporarily made the dressing. The MHU staffs followed up the case. They saw no improvement rather the patient was scared about her leg. After that the MHU is taking care of the patient by providing medicines and taking special care.



The patient interacting with MHU-1 Van Co-ordinator



After six month there is a significant improvement in the condition of the patient and she is now not only able to stand but also able to walk.



She happily said “ Nalco Foundation’s medical health van has really changed my life further better and extend their helping hand when I was in need of this “ during the interaction with the patient.

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